

CURRICULUM VITAE**EUGENIA I. GORLIN, PH.D.**ggorlin@austin.utexas.edugenagorlin.com**AREAS OF EXPERTISE**

Psychology of entrepreneurship; cognitive and motivational factors in anxiety, depression, and ADHD; human agency as a mechanism of therapeutic change; self-deception and self-honesty.

ACADEMIC APPOINTMENTS

Clinical associate professor	University of Texas at Austin Department of Psychology	Fall 2022-present
Assistant professor	Yeshiva University Ferkau Graduate School of Psychology Clinical Psychology Doctoral Program	Fall 2018-Fall 2022
Visiting research collaborator	Princeton University Department of Psychology Concepts and Cognition Lab	Fall 2018-present

PROFESSIONAL CREDENTIALS

Licensed Psychologist #023003, State of New York	November 2018-
Licensed Psychologist #10751, State of Massachusetts	December 2017-

EDUCATION AND TRAINING

Postdoctoral fellow	Boston University Translational Research Program / Center for Anxiety and Related Disorders (CARD) Mentor: Michael Otto, Ph.D.	2016-2018
Internship	Brown University, Alpert Medical School APA-accredited Clinical Psychology Predoctoral Internship Research Mentors: Kristy Dalrymple, Ph.D. and Mark Zimmerman, M.D.	2015-2016
Graduate	University of Virginia Ph.D. in Clinical Psychology Dissertation Thesis: "Joining the 'How' and the 'Why' to Combat Rumination: A Novel Intervention Strategy" Advisor: Bethany Teachman, Ph.D.	2010-2016
	M.A. in Psychology Thesis: "From Biased to Breathless: Cognitive Biases Predict Reactivity to CO ₂ Challenge" Advisor: Bethany Teachman, Ph.D.	2010-2012
Undergraduate	Tufts University B.S. in Psychology and Philosophy, Summa cum laude Honors Thesis: "The Neural Basis of Anaphoric Reference in Schizophrenia" Thesis Advisor: Gina Kuperberg, MD., Ph.D.	2004-2008

ACADEMIC HONORS AND AWARDS

Alies Muskin Career Development Leadership Program Award Anxiety and Depression Association of America (ADAA)	2017
Department Nominee for Edgar J. Shannon Award for “Best Student” in Graduate School of Arts and Sciences Department of Psychology, University of Virginia	2016
Rebecca Boone Memorial Award for Excellence in Teaching Department of Psychology, University of Virginia	2015
Raven Fellowship Award Recipient The Raven Society, University of Virginia	2014
Huskey Research Exhibition Oral Presentation award recipient Graduate School of Arts and Sciences, University of Virginia	2014
Graduate Fellowship Recipient Graduate School of Arts and Sciences, University of Virginia	2010-2013
Highest Thesis Honors Department of Psychology, Tufts University	2008
Sal Soraci Prize for academic achievement Department of Psychology, Tufts University	2008
Phi Beta Kappa Delta Chapter of Massachusetts, Tufts University	2007
Leonard Carmichael Prize Scholarship for outstanding achievement in psychology Department of Psychology, Tufts University	2007

GRANT FUNDING

Entrepreneur First (EF) Grant Award
Title: Developing and Evaluating a Novel Founder Psychology Support Programme
Role: Principal Investigator
Amount awarded: \$56,750
Term: September 2021-August 2022

Genetics and Human Agency (GHA) Junior Investigator Award, sponsored by John Templeton Foundation
Title: Nurturing our Better Nature: Probing the Interplay between Heredity and Choice in Moral Character Development
Role: Principal Investigator
Amount awarded: \$22,500
Term: 2016-2019

Mental Health Challenge Grant Campaign, Experiment Crowdfunding Platform
Title: Predicting and Improving Persistence during Exposure-based Therapy for OCD
Role: Principal Investigator (mentor: Michael Otto, Ph.D.)
Amount raised: \$4,129 (including \$500 Challenge Grant award for highest number of backers)
Term: 2016-unlimited

Predocutorial Seed Money Research Grant, Alpert Medical School of Brown University
Title: Identifying and Measuring Interactional Change Processes in Acceptance and Commitment Therapy: A “Bottom-up,” Mixed-Methods Pilot Study
Role: Principal Investigator (mentors: Kristy Dalrymple, Ph.D. and Mark Zimmerman, M.D.)
Amount awarded: \$1,648
Term: 2015-2016

PUBLICATIONS

* *Denotes mentored students or research assistants as co-authors*

JOURNAL ARTICLES

Gorlin, E. I., Bekes, V., & Mazer, L. M. (2021). Supporting healthcare workers involved in medical errors: from “second victims” to “resilient warriors”. *BMJ*, *375*, n2745. doi:10.1136/bmj.n2745

Gorlin, E. I., & Bekes, V. (2021). Agency via awareness: A unifying meta-process in psychotherapy. *Frontiers in Psychology: Psychology for Clinical Settings*. DOI: <https://doi.org/10.3389/fpsyg.2021.698655>

Gorlin, E. I., & Teachman, B. A. (2020). It matters what and why we forget: Comment on Fawcett and Hulbert. *Journal of Applied Research in Memory and Cognition*, *9*(1), 42-47. DOI: 10.1016/J.JARMAC.2019.12.006

Steinman, S.A., Namaky, N., Toton, S. L., Meissel*, E.E., St. John*, A. T., Pham*, N., Werntz, A. J., Saunders*, T., **Gorlin, E. I., Arbus*, S., Beltzer, M., Soroka*, A., & Teachman, B. A.** (2020). Which variations of cognitive bias modification for interpretations lead to the strongest effects? *Cognitive Therapy and Research*. DOI: 10.1007/s10608-020-10168-3

Fitzgerald*, H. E., **Gorlin, E. I., & Otto, M. W.** (2020). Working memory moderates the predictive influence of distress intolerance on health-related goal attainment. *Cognitive Behaviour Therapy*. DOI: 10.1080/16506073.2020.1819864

Otto, M. W., **Gorlin, E. I., Hoyt*, D. L., Patten*, E. A., Bickel, W. K., Zvolensky, M. J., & Doan, S. N.** (2020). Targeting cognitive and emotional regulatory skills for smoking prevention in low-SES youth: A randomized trial of mindfulness and working memory interventions. *Addictive Behaviors*, *104*, 106262. DOI: 10.1016/j.addbeh.2019.106262

Gorlin, E. I., & Schuur*, R. (2019). Nurturing our better nature: A proposal for cognitive integrity as a foundation for autonomous living. *Behavior Genetics*. *49*(2), 154-167. DOI: 10.1007/s10519-018-9919-x

Gorlin, E. I., Werntz, A. J., Fua, K. C., Lambert, A. E., Namaky, N., & Teachman, B. A. (2019). Remembering or knowing how we felt: Depression and anxiety symptoms predict retrieval strategy use during emotional self-report. *Emotion*. *19*(3), 465-479. DOI: 10.1037/emo0000436

Otto, M.W., **Gorlin, E. I., Rosenfield, D., Patten*, E. A., Bickel, W. K., Zvolensky, M. J., & Doan, S. N.** (2018). Rescuing cognitive and emotional regulatory skills to aid smoking prevention in at-risk youth: A randomized trial. *Contemporary Clinical Trials*, *70*, 1-7. DOI: 10.1016/j.cct.2018.04.005

Chow, P. I., **Gorlin, E. I., Beadel, J. R., Thomas, S., Vrana, S., Roberson-Nay, R., & Teachman, B. A.** (2018). Trait mindfulness as a predictor of distress in response to a repeated CO₂ challenge. *Mindfulness*, *9*(3), 925-938.

Gorlin, E. I., Lee*, J., & Otto, M. W. (2017). A topographical map approach to representing treatment efficacy: A focus on positive psychology interventions. *Cognitive Behaviour Therapy*. DOI: 10.1080/16506073.2017.1342173

Zimmerman, M., **Gorlin, E. I., Dalrymple, K., & Chelminski, I.** (2017). A clinically useful screen for Attention Deficit Hyperactivity Disorder in adult psychiatric outpatients. *Annals of Clinical Psychiatry*, *29*(3), 160-166.

Gorlin, E. I., & Teachman, B. A. (2017). Training the “how” and the “why” of restoring adaptive goal-pursuit after a failure. *Journal of Experimental Psychopathology*, *8*(2), 88-109. DOI: <http://dx.doi.org/10.5127/jep.051015>

Roberson-Nay, R., **Gorlin, E. I., Beadel, J. R., Cash, T., Vrana, S., & Teachman, B. A.** (2017). Temporal stability of multiple response systems to 7.5% carbon dioxide challenge. *Biological Psychology*, *124*, 111-118.

Gorlin, E. I., Dalrymple, K., Chelminski, I., & Zimmerman, M. (2016). Diagnostic profiles of adult psychiatric outpatients with and without Attention Deficit Hyperactivity Disorder. *Comprehensive Psychiatry*, *70*, 90-97. DOI: 10.1016/j.comppsy.2016.06.015

Gorlin, E. I., Dalrymple, K., Chelminski, I., & Zimmerman, M. (2016). Reliability and validity of a semi-structured DSM-based diagnostic interview module for the assessment of Attention Deficit Hyperactivity Disorder in adult psychiatric outpatients. *Psychiatry Research*, *242*, 46-53. DOI: 10.1016/j.psychres.2016.05.020

Gorlin, E. I., Lambert, A. E., & Teachman, B. A. (2016). When does it hurt to try? Effort as a mediator of the links between anxiety symptoms and the frequency and duration of unwanted thought recurrence. *Personality and Individual Differences*, *98*, 137-144. DOI: 10.1016/j.paid.2016.03.070

Gorlin, E. I., & Teachman, B. A. (2015). Threat interference biases predict socially anxious behavior: moderation by inhibitory control and minute of stressor. *Behavior Therapy*, *46*, 493-509. DOI: 10.1016/j.beth.2015.03.001

Savage, E. J., McMichael, O., **Gorlin, E. I.,** Beadel, J. R., Teachman, B. A., Vladimirov, V. I., Hettema, J. M., & Roberson-Nay, R. (2015). Validation of candidate anxiety disorder genes using a carbon dioxide challenge task. *Biological Psychology*, *109*, 61-66. DOI: 10.1016/j.biopsycho.2015.04.006

Roberson-Nay, R., Beadel, J. R., **Gorlin, E. I.,** Latendresse, S. J., & Teachman, B. A. (2015). Examining the latent class structure of CO2 hypersensitivity using time course trajectories of panic response systems. *Journal of Behavior Therapy and Experimental Psychiatry*, *47*, 68-76. DOI: 10.1016/j.jbtep.2014.10.013

Ingersoll, K. S., Banton, T., **Gorlin, E. I.,** Vajda, K., Singh, H., Peterson, N., Gonder-Frederick, L., & Cox, D. J. (2015). Motivational interviewing support for a behavioral health internet intervention for drivers with type 1 diabetes. *Internet Interventions*, *2*, 103-109. DOI: 10.1016/j.invent.2015.02.001e

Gorlin, E. I., & Teachman, B. A. (2014). Inhibitory control as a moderator of threat-related interference biases in social anxiety. *Cognition and Emotion*, *26*, 1-13. DOI: 10.1080/02699931.2014.931275

Gorlin, E. I., Beadel, J. R., Roberson-Nay, R., & Teachman, B. A. (2014). The self-fulfilling panic prophecy: Anxiety-related control attributions uniquely predict reactivity to a 7.5% CO2 challenge. *Cognitive Therapy and Research*, *38*, 585-599. DOI: 10.1007/s10608-014-9626-8

BOOK CHAPTERS

Gorlin, E. I. (in press). Living for real, not counterfeit: Self-honesty as a foundation for philosophical health. In Luis de Miranda (Ed.), *Philosophical Health: Thinking as a Way of Healing*. Bloomsbury.

Steinman, S. A., **Gorlin, E. I.,** & Teachman, B. A. (2014). Cognitive biases among individuals with social anxiety. In J. Weeks (Ed.), *Handbook on Social Anxiety Disorder*. Wiley Blackwell, pp. 323-343.

MANUSCRIPTS UNDER REVIEW OR IN PREPARATION

Gorlin, E. I., & Otto, M. W. (2018, February 16). Truth Matters: Cognitive Integrity as an Intervention for Self-Deception. Preprint. <https://doi.org/10.31234/osf.io/72h65>

Gorlin, E. I. (in preparation). Changing for real, not just for pretend: A proposed framework for understanding and therapeutically promoting self-honesty.

CONFERENCE PRESENTATIONS, WORKSHOPS, AND INVITED TALKS

* *Denotes mentored students or research assistants as co-authors*

Gorlin, E. I., & Bekes, V. (April, 2022). Epistemic self-trust: A novel construct with potential to unify disparate theoretical traditions. Poster presented at annual meeting of Society for Exploration of Psychotherapy Integration (SEPI).

Gorlin, E. I., Mikula*, C., & Wenze, S. (November, 2021). Self-honesty as a buffer against negative mental health impacts of COVID-related disruptions in college students. Poster presented at annual meeting of Association for Behavioral and Cognitive Therapies (ABCT).

Taghian, N. R., Parsons, M., Lubin, R. E., **Gorlin, E. I.,** Otto, M. W., & Doan, S. N. (November, 2021). Potential impact of stressful life events on distress intolerance and working memory capacity in low-income youth. Poster presented at annual meeting of Association for Behavioral and Cognitive Therapies (ABCT).

Gorlin, E. I., Bekes, V., Kansas*, M., & Townsend*, C. (May, 2020). Agency through awareness: A unifying meta-process across schools of psychotherapy. Paper presented at annual meeting of Society for Exploration of Psychotherapy Integration (SEPI).

Gorlin, E. I., & Stichter, M. (September, 2019). Learning to want the real thing: The virtue of cognitive integrity as a foundation for successful goal-pursuit and well-being. Paper presented at inaugural Workshop on Psychological and Philosophical Foundations of Wellbeing, Rutgers University, New Brunswick, NJ.

Martinez*, A., **Gorlin, E. I.,** & Lombrozo, T. (July, 2019). The influence of implicit normative commitments in decision making. Poster presented at annual meeting of Cognitive Science Society, Montreal, Canada.

Gorlin, E. I., Werntz, A. J., Fua, K. C., Lambert, A. E., Namaky, N., & Teachman, B. A. (July, 2019). Remembering or knowing how we felt: Retrieval strategy use as a function of depressive symptoms and emotion valence. In Julie Ji (Chair), *Depression-Linked Disturbances in Emotional Memory - New Directions in Assessment and Modulation*. Symposium talk presented at 9th World Congress of Behavioral and Cognitive Therapies, Berlin, Germany.

Fitzgerald*, H. E., **Gorlin, E. I.,** Stein, A., Moshier, S., Grasso, D., Roden-Foreman, J. W., Powers, M. B., & Otto, M. W. (November, 2018). A Novel Topographical Map Approach for Displaying PTSD Intervention Component Efficacy. Poster presented at annual meeting of Association for Behavioral and Cognitive Therapies, Washington D.C.

Gorlin, E. I., & Lombrozo, T. (July, 2018). Good thinking can be cultivated by choice: Implications for epistemic responsibility and moral agency. Poster presented at annual meeting of the Society for Philosophy and Psychology, Ann Arbor, M.I.

Gorlin, E. I., & Lombrozo, T. (June, 2018). Nurturing our Better Nature: Epistemic integrity as a foundation for autonomous living. In Colin DeYoung (Chair), *Free Will and Determinism*. Symposium talk presented at annual meeting of the Behavior Genetics Association, Boston, M.A.

Gorlin, E. I., Oppenheimer, R., Rypma, B., & Hubbard, N. A. (April, 2018). Depressed individuals prioritize negative self-relevant thought: Evidence from task-related functional connectivity. Poster presented at annual meeting of Anxiety and Depression Association of America, Washington, D.C.

Gorlin, E. I., Lambert, A. E., & Teachman, B. A. (April, 2018). Self-focus without self-awareness: Probing the cognitive, affective, and motivational predictors of unaware mind-wandering during a reading comprehension task. In Hallion, L. S., & Steinman, S. A. (Co-Chairs), *Cognitive mechanisms of anxiety: Recent developments*. Symposium talk presented at annual meeting of Anxiety and Depression Association of America, Washington, D.C.

Gorlin, E. I. (March, 2018). A path toward epistemic integrity: Reconciling theories of unconscious motivation with the norms of scholarly inquiry. Paper presented at annual Midwinter Meeting of the Society of Theoretical and Philosophical Psychology, Phoenix, AZ.

Otto, M. W., & **Gorlin, E. I.** (November, 2017). Tricking coyote: Cutting-edge strategies for harnessing motivation. Workshop presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Diego, CA.

Steinman, S. A., Namaky, N., Thomas, S., Meissel, E., St. John, A. T., Pham, N., Werntz, A. J., Saunders, T., **Gorlin, E. I.,** Arbus, S., Beltzer, M., Soroka, A. & Teachman, B. A. (November, 2017). Maximizing effects for cognitive bias

modification for threat interpretations: Testing 15 variants of training. In A. Niles (Chair), *Using computers, Internet, and mobile applications to treat anxiety: A mechanisms approach*. Symposium presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Diego, CA.

Gorlin, E. I., Hu*, S., Boyac*, M., Gold, A. K., Patten*, E. A., Boettcher, H., Smith, L., & Otto, M. W. (November, 2017). Who gets better? High worry and low avoidance interact to predict clinical treatment outcome in anxiety patients. Poster presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Diego, CA.

Gorlin, E. I. (May, 2017). Truth matters: Cultivating “cognitive integrity” as an antidote to self-deception in psychotherapy. Talk presented at European Association of Social Psychology (EASP) small group meeting on “psychological defense after failure,” Fyresdal, Norway.

Gorlin, E. I. (May, 2017). Nurturing our better nature: Parsing the roles of heredity, environment, and volitional cognitive processes in moral character development. Talk presented at the first annual meeting of the Genetics and Human Agency initiative, Charlottesville, VA.

Gorlin, E. I., & Teachman, B. A. (April, 2017). The “how” and the “why” of reengaging in goal-pursuit after a stressful failure: A novel intervention strategy. In Harper, K. (Chair), *Intervention strategies for tackling motivation difficulties in anxiety and depressive disorders*. Symposium talk presented at the annual meeting of the Anxiety and Depression Association of America, San Francisco, CA.

Gorlin, E. I., & Bayer, B. J. (March, 2017). Nurturing our better nature: Parsing the roles of heredity, shared environment, and volitional cognitive processes in moral behavior. Paper presented at the annual meeting of the Southern Society for Philosophy and Psychology, Savannah, GA.

Gorlin, E. I., Lambert, A. E., & Teachman, B. A. (November, 2015). When does it hurt to try? Motivational and neurocognitive factors in the link between anxiety symptoms and unwanted thought recurrence. In Hallion, L. S., & Steinman, S. A. (Co-Chairs), *The neurocognitive underpinnings of anxiety: implications for theory and treatment*. Symposium talk presented at annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Gorlin, E. I., Soroka*, A., Carroll*, S., & Teachman, B. A. (November, 2015). Combining “how” and “why” to combat post-failure rumination: A novel intervention strategy. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Gorlin, E. I. (November, 2014). Threat-related attentional biases as unique predictors of observer-rated anxious behavior during a social stressor task. In Purdon, C. & Nelson, A. L. (Co-Chairs), *Drawing on the Strengths of Experimental Cognitive Paradigms to Understand and Modify Anxiety-related Attentional Biases to Threat*, Symposium talk presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Gorlin, E. I. (March, 2014). Anxiety-related control attributions uniquely predict subjective and physiological indices of anxious responding to a CO₂ challenge. Paper presented at the 14th annual Robert J. Huskey Research Exhibition, University of Virginia, Charlottesville, VA.

Gorlin, E. I., & Teachman, B. A. (November, 2013). Inhibitory control as a moderator of threat-related attentional biases in social anxiety. In C. B. Cha & M. K. Nock (Co-Chairs), *Measuring and modifying attentional bias across psychopathology*. Symposium talk presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Gorlin, E. I., Rakosi*, E., M., Norton*, S. T., & Teachman, B. A. (November, 2013). Multi-modal predictors of anxious behavior during a social stressor task. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Cox, D., Singh, H., Banton, T., **Gorlin, E. I.**, Peterson, N., Vajda, K., Gonder-Frederick, L., & Ingersoll, K. (June, 2013). Motivational interviewing by telephone enhances engagement in an internet intervention. Paper presented to the 73rd Scientific Sessions of the American Diabetes Association, Chicago, IL.

Gorlin, E. I., Lambert, A. E., Kola*, D., & Teachman, B. A. (2013). Probing the absent mind: Working memory, anxiety, and self-focused attention as interactive predictors of off-task mind-wandering. Poster presented at the 25th Annual Convention of the Association for Psychological Science, Washington, DC.

Gorlin, E. I., Beadel, J. R., Teachman, B. A., & Roberson-Nay, R. (2012). Cognitive predictors of avoidance behavior during a CO2 challenge. Poster presented at the 45th Annual Convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Dickerson, R. F., **Gorlin, E. I.**, & Stankovic, J. A. (2011). Empath: a continuous remote emotional health monitoring system for depressive illness. Paper presented at the Proceedings of the 2nd Conference on Wireless Health, San Diego/La Jolla, CA. New York, NY: ACM. DOI: 10.1145/2077546.2077552

Gorlin, E. I., Smyth, F., & Teachman, B. A. (2011). Reaction time as a moderator of the relationship between state and trait affect. Poster presented at the 45th ABCT Annual Convention, Toronto, Canada.

Ditman, T., Okano, K., **Gorlin, E. I.**, Goff, D., & Kuperberg, G.R. (2010). An ERP Examination of Pronoun Resolution in Schizophrenia. Poster presented at the Annual Meeting of the Cognitive Neuroscience Society, Montreal, Canada.

Hirshfeld-Becker, D.R., Petty, C., Micco, J.A., **Gorlin, E. I.**, Murphy, M.C., & Henin, A. (2009). Rates and Predictors of Persistence of Childhood Anxiety Disorders Among Offspring at Risk at Five-Year Follow-Up. Poster presented at the 43rd ABCT Annual Convention, New York, NY.

Micco, J.A., Henin, A., Kim, S., Hopkins, C.A., **Gorlin, E. I.**, & Hirshfeld-Becker, D.R. (2009). Anxiety and Depressive Disorders in Offspring at High Risk for Anxiety: A Meta-Analysis. Poster presented at the 43rd ABCT Annual Convention, New York, NY.

Gorlin, E. I. (March, 2007). Faceless Bodies, Tortured Souls: Detecting Emotion from Posture Cues. Poster presented at Tufts University Undergraduate Research and Scholarship Symposium, Medford, MA.

MEDIA

Gorlin, E. I. (Co-host). [*The Founder's Mindset*](#) [Audio podcast], with Alice Bentinck of Entrepreneur First.

Gorlin, E.I. Substack newsletter, *Building the Builders*.

It's Time to Build the Builders (February 1, 2022). <https://genagorlin.substack.com/p/time-to-build-the-builders>

Vision or delusion? Why ambitious builders need self-trust (part 1) (February 9, 2022).

<https://genagorlin.substack.com/p/vision-or-delusion-why-ambitious>

Vision or delusion? Why ambitious builders need self-trust (part 2) (February 15, 2022).

<https://genagorlin.substack.com/p/vision-or-delusion-why-ambitious-eae>

The builder's real superpower: Unearthing the principles behind 'first principles' (Feb 24, 2022).

<https://genagorlin.substack.com/p/the-builders-real-superpower>

How to coach a builder (March 18, 2022).

<https://genagorlin.substack.com/#:~:text=How%20to%20coach%20a%20builder>

Gorlin, E.I. *Psychology Today* blog series, "The Art and Science of Self-Creation."

The Self-Creator's Guide to Finding a Therapist (January 22, 2021).

<https://www.psychologytoday.com/us/blog/the-art-and-science-self-creation/202101/the-self-creators-guide-finding-therapist>

5 Steps to Earning your own Trust (August 5, 2020). <https://www.psychologytoday.com/us/blog/the-art-and-science-self-creation/202008/5-steps-earning-your-own-trust>

What it Really Looks Like to Rebuild your Soul (July 27, 2020).
<https://www.psychologytoday.com/us/blog/the-art-and-science-self-creation/202007/what-it-really-looks-rebuild-your-soul>

Agency via Knowledge: A Unifying Therapeutic Theme (July 26, 2020).
<https://www.psychologytoday.com/us/blog/the-art-and-science-self-creation/202007/agency-knowledge-unifying-therapeutic-theme>

COVID-19 and the Meaning of Life (July 21, 2020). <https://www.psychologytoday.com/us/blog/the-art-and-science-self-creation/202007/covid-19-and-the-meaning-life>

A call to self-creation (July 11, 2020). <https://www.psychologytoday.com/us/blog/the-art-and-science-self-creation/202007/call-self-creation>

Gorlin, E. I. (Host) (2022, May 10). Whence Rationality? A SuperSalon with Steven Pinker. An InterIntellect salon. <https://www.youtube.com/watch?v=UuknxhK0W8U>

Gorlin, E. I. (Host) (2021, August 20). The Art and Science of Science-based Decision-making: SuperSalon with Emily Oster. An InterIntellect salon. <https://interintellect.com/salon/the-art-of-science-based-decision-making-supersalon-with-emily-oster/>

Gorlin, E. I. (Co-host) (2021, December 17). Rethinking Work-life Balance: A Holiday Self-exploration with Gena Gorlin and Roy Bahat. An InterIntellect salon. <https://interintellect.com/salon/rethinking-work-life-balance-a-holiday-self-exploration-with-gena-gorlin-and-roy-bahat/>

Also featured in:

[Entrepreneur First newsletter](#)

[Don Watkins Show](#)

[Noahpinion newsletter](#)

[Marginal Revolution newsletter](#)

[Sifted's Startup Life newsletter](#)

[Well+Good magazine](#)

[The Daily Objective](#)

[Thoughts in Between podcast](#)

[What Really Matters podcast](#)

[Yaron Brook Show](#)

[Boston Globe](#)

LEADERSHIP AND SERVICE

Rutgers University—New Brunswick Co-organizer, Workshop on Psychological and Philosophical Foundations of Wellbeing Allan Gotthelf Memorial Conference Series, sponsored by Anthem Foundation	September 2019
Ferkauf Graduate School of Psychology, Yeshiva University Member, Interim Dean Hiring Committee Member, Research Training Committee Member, ROM/OQ Subcommittee	Spring 2019
Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University Intern Representative, Grand Rounds Speaker Committee	2015-2016
Department of Psychology, University of Virginia Head Lab Section Instructor, Research Methods and Statistics	Spring 2014

Department of Psychology, University of Virginia
Member, Graduate Teacher Training Committee

2012-2014

TEACHING AND SUPERVISION ACTIVITIES

Ferkauf Graduate School of Psychology, Yeshiva University

Fall 2018-present

Clinical Psychology Doctoral Program courses taught:

- Lifespan Psychopathology I
- Integrating Clinical Practice and Research
- Research Seminar: Moral and Psychological Foundations of Self-Change

Ferkauf Graduate School of Psychology, Yeshiva University

Fall 2019-present

Psychotherapy supervisor, Cognitive Behavioral Therapy track

Psychology and Human Development Department, Wheelock College

Fall 2017

Adjunct Faculty Instructor, Social Psychology

Center for Anxiety and Related Disorders, Boston University

2017-2018

Psychotherapy supervisor

Department of Psychology, University of Virginia

2010-2015

Graduate Teaching Assistant for undergraduate psychology courses

- Child Development – Review Session Instructor / Guest Lecturer / Grader (Spring 2015)
- Practicum to Clinical Intervention and Ethics – Teaching Assistant and Co-Supervisor (Fall 2014)
- Research Methods and Statistics – Lab Section Instructor (Fall 2011, Spring 2012); Head Lab Section Instructor (Spring 2014)
- Child Psychopathology – Review Session Instructor / Guest Lecturer / Grader (Spring 2013)
- Introduction to Psychology – Review Session Instructor (Spring 2011)
- Personality Psychology – Review Session Instructor / Guest Lecturer (Fall 2010)

Department of Psychology, University of Virginia

2010-2015

Undergraduate research mentor, Teachman Lab

Primary responsibilities: Supervised 4-6 undergraduate research assistants per semester; closely supervised advanced undergraduate research assistant's Distinguished Majors Thesis project.

Cavalier Academic Support Team (CAST) program, University of Virginia

2013-2014

Academic Tutor

Primary responsibilities: Provided weekly individual and group tutoring to undergraduate student-athletes.

Courses tutored: psychology (PSYC 3005, 2200, and 3440), philosophy (PHIL 1000), and Russian (RUSS 1010)

Pediatric Psychopharmacology Research Unit, Massachusetts General Hospital

2009–2010

Training Coordinator and Senior Rater

Primary responsibilities: Trained incoming research assistants in administration of structured clinical interviews and cognitive assessments; intervened with guidance as needed; provided detailed performance feedback.

CLINICAL ACTIVITIES

Private practice, Manhattan, NY and online

Fall 2018-present

Center for Anxiety and Related Disorders (CARD), Boston University

2016-2018

Postdoctoral Fellow

Supervisors: Michael Otto, Ph.D.; Lisa Smith, Ph.D.; Heather Murray-Latin, Ph.D.; Ellen Hendrickson, Ph.D.

Eugenia I. Gorlin

Primary Care Behavioral Health, Providence VA Medical Center Psychology Resident Supervisors: Karen Oliver, Ph.D.; Tracy O’Leary-Tevyaw, Ph.D.; Pamela Steadman-Wood, Ph.D.	Spring 2016
Department of Psychiatry and Human Behavior, Alpert Medical School of Brown University Psychology Resident Supervisors: Kristy Dalrymple, Ph.D.; Catherine D’Avanzato, Ph.D.	2015-2016
Women and Infants Partial Hospital Program, Alpert Medical School of Brown University Psychology Resident Supervisors: Shannon Erisman, Ph.D.; Margaret Howard, Ph.D.	2015-2016
PTSD Clinic, Providence VA Medical Center Psychology Resident Supervisors: Jennifer Lambert, Ph.D.; Amy Cameron, Ph.D.; William Unger, Ph.D.; Marjorie Crozier, Ph.D.	Fall 2015
Mary D. Ainsworth Psychological Clinic, University of Virginia Graduate Student Therapist Supervisors: Patricia Lee Llewellyn, Ph.D., Joseph Allen, Ph.D., Eric Turkheimer, Ph.D.	2011-2015
Center for Forensic Services, Western State Hospital Practicum Student Supervisor: Christy McFarland, Ph.D.	Summer 2014
Sports Psychology Program, University of Virginia Athletic Department Practicum Student Supervisors: Noel J. Bauman, Ph.D., Jason Freeman, Ph.D.	2012-2014
Neurocognitive Assessment Laboratory, University of Virginia School of Medicine Practicum Student Supervisors: Jason Freeman, Ph.D., Donna Broshek, Ph.D.	2012-2014
Behavioral Medicine Center, University of Virginia School of Medicine Paid Study Therapist, Diabetes and Driving online intervention study Supervisor: Karen Ingersoll, Ph.D.	2011-2013
Pediatric and Adult Psychopharmacology Research Unit, Massachusetts General Hospital Clinical Research Interviewer and Psychometrician Supervisors: Dina Hirshfeld-Becker, Ph.D., Aude Henin, Ph.D., Jamie Micco, Ph.D.	2008–2010
Schizophrenia Research Program, Massachusetts General Hospital Undergraduate clinical and research intern Supervisors: Corinne Cather, Ph.D., Jen Gottlieb, Ph.D.	2007–2008

PROFESSIONAL ASSOCIATIONS

Society for Exploration of Psychotherapy Integration—member, 2020-present
APA Division 24: Society for Theoretical and Philosophical Psychology— member, 2017-present
Anxiety and Depression Association of America (ADAA)—member, 2016-present
American Psychological Association (APA) Division 12: Society of Clinical Psychology—member, 2013-present
Association for Psychological Science (APS)—member, 2010-present
Association for Behavioral and Cognitive Therapies (ABCT)—member, 2009-present; Ambassador, 2018-present

EDITORIAL POSITIONS

Editorial board:

Reason Papers: A Journal of Interdisciplinary Normative Studies

Ad-hoc Reviewer:

Psychonomic Bulletin & Review

Personality and Individual Differences

Psychiatry Research

Cognition and Emotion

Cognitive Therapy and Research

Neuropsychopharmacology

Journal of Visualized Experiments